



## Lafayette Surgery Center

340 Exempla Circle, Suite 400  
Lafayette, CO 80026  
[www.Lafayettesurgerycenter.com](http://www.Lafayettesurgerycenter.com)  
Phone: (720) 673 - 8188

Welcome to Lafayette Surgery Center! Information about our facility, how to prepare for your surgery, our contact information and all information detailed within this packet can also be found on our website. Visit us online at [www.lafayettesurgerycenter.com](http://www.lafayettesurgerycenter.com) for additional information.

We are located on the Good Samaritan Medical Campus at 340 Exempla Circle on the fourth floor of the Cancer Center. Parking is free in Parking Lot "4E." There is open entry into the building and the elevators to the right will take you to the fourth floor. From the elevators on the fourth floor you will walk down the corridor to your right. Our surgery center registration and family room is the fourth door on the left. If you have any questions, please feel free to call us for directions.

*Please read this letter in its entirety for important information regarding your surgical procedure.*

### Pre-Surgery Information:

- If you have any questions or concerns about your arrival time, please call Lafayette Surgery Center at (720) 673-8188.
- Registration personnel from Lafayette Surgery Center may call to review your insurance benefit information prior to your surgery date.

#### Completing your Pre-Admission Survey:

Lafayette Surgery Center offers patients the convenience and privacy of a secure, online registration process. You will receive a text message containing a link to our Pre-Admission Assessment two weeks prior to your surgery date. There, you will be asked about your health history, medications, and any previous surgeries. It is important to complete your online registration, as soon as possible, so that your medical team will have time to review the information prior to your visit. We will call you if we have any questions or concerns. If you do not have internet access, you will be contacted by one of our nurses prior to the day of your procedure to collect all necessary medical information. Please have the above information available for this call.

- Do NOT take any medications containing NSAIDs (Aspirin, Ibuprofen, Advil, Motrin, Naproxen, Aleve, Mobic), Fish Oil, Vitamin E, Omega Fatty Acids, CO-Q-10, herbs, or weight loss supplements for seven (7) days prior to your procedure. If you have taken them, please contact your surgeon right away.
- If you take any blood thinning medications for your heart such as Aspirin, Coumadin, Plavix or Xarelto, please contact your cardiologist or primary care physician for guidance regarding when you should stop taking these medications.
- Please do not wear contacts to the Center. Glasses, dentures and hearing aids will be removed in pre-op prior to your surgery.
- Remove all jewelry and piercings. Leave ALL jewelry and valuables at home. The Center is not responsible for valuables.
- Wear loose fitting comfortable clothes and shoes (what you arrive in is what you will leave in).
- Please do NOT apply makeup, deodorant, creams, or lotions. Remove nail polish from fingers and toes.
- If you think you may be pregnant, please call the surgery center right away at (720) 673-8188. Females between ages 12-50 will need to give a urine sample for pregnancy testing upon admission.

**DIETARY RESTRICTIONS: The following instructions are very important for your safety. If you do not follow these instructions, your procedure may be cancelled.**

**Do not eat or drink anything after midnight the night before your procedure.**

- No gum, breath mints, hard candy or tobacco after midnight.
- Brush your teeth, rinse and spit without swallowing the water.
- Your prescription medications will be reviewed during the interview and *ONLY* those indicated may be taken with sips of water on the day of surgery.

## WHAT TO BRING:

- Bring your insurance card, a photo ID and payment (if applicable).
- Bring a case for glasses, hearing aides, and/or dentures (if applicable).
- If you are having any lower extremity surgery (hip, knee, foot, etc.)– please obtain crutches, check for proper fit, and receive instructions for use as directed by your surgeon’s office. Please practice the use of crutches prior to your procedure, we may ask you to demonstrate use for your safety.
- Bring any slings, braces or other medical equipment already issued or previously in use.
- Bring your CPAP or other assistive device if you have sleep apnea and use one at home.
- Bring your inhaler if you have asthma, COPD or any other condition that requires you to use one.

## Post- Surgery Information:

- At the time of your discharge, it is **required** that a responsible adult, over the age of 18, check in at the front desk and accompany you. **You may not drive for 24 hours following anesthesia.** If you receive general anesthesia or IV sedation for your procedure, you must have a responsible adult over the age of 18 remain with you for 24 hours following the procedure. Please tell your accompanying party that they need to be available as soon as you are ready for discharge, they should not make any other appointments on the day of your procedure. **\*\*Do not use public transportation (i.e. buses, taxis, Uber, Lyft, etc).**
- Some surgical procedures and/or anesthetics may temporarily affect your breathing in the post-operative period. Because of this, you may be required to receive supplemental oxygen for a few days while the effects of the surgical procedure / anesthetic wear off. If needed, we have contracted with a local, private respiratory care company that will provide you with home oxygen for up to 7 days. Please note that you may be required to pay a portion of the fee unless this is a covered benefit of your insurance.
- Call your surgeon’s office if you develop a cold, sore throat, fever or if any other illness occurs within 48 hours of your surgery.

*Thank you for choosing Lafayette Surgery Center. We look forward to providing you with a compassionate and exceptional outpatient surgical experience.*

# DIRECTIONS TO THE FACILITY

## Hours of Operation:

7:00 AM – 5:00 PM Monday through Friday, except major holidays

## NORTH:

- Take I-25 South to exit 228 (Northwest Pkwy)
- Bear RIGHT on the on-ramp towards Broomfield
- Head West to exit 52 (Dillon Rd)
- Turn RIGHT on to Hwy 287
- Take first RIGHT in to Exempla Circle
- Take second LEFT toward Medical Offices 300 and 340

## SOUTH:

- Take I-25 NORTH to exit 228 (Northwest Pkwy)
- Bear LEFT on the on-ramp towards Broomfield
- Head West to exit 52 (Dillon Rd)
- Turn RIGHT on to Hwy 287
- Take first RIGHT in to Exempla Circle
- Take second LEFT toward Medical Offices 300 and 340

## Mobile Directions:

You can also get directions to our center by visiting our website at [www.lafayettesurgerycenter.com](http://www.lafayettesurgerycenter.com) and clicking on “Get Directions” located on our landing page. Clicking this link will route you to Lafayette Surgery Center in Google Maps.

## Directions to the ASC from Parking Lot

Parking is free in parking lot 4E.

Open entry into Building

Take the elevator on the RIGHT to the 4<sup>th</sup> floor

4<sup>th</sup> floor, go RIGHT and down the corridor.

Staff Lounge is the 1<sup>st</sup> door on the LEFT (badge entry)

Registration/Waiting Room is the 4<sup>th</sup> door on the LEFT

Women’s and Men’s Locker rooms are entered through the Staff Lounge



**Lafayette Surgery Center**



## Campus Map



## Lafayette Surgery Center